

Esotropia Binocular Surgery Plan

Angle	BMRC	plus LRs	BLRs*
12-15	3 mm	-	3.5 mm
16-20	3.5 mm	-	4.5 mm
21-25	4 mm	-	5.5 mm
26-30	4.5 mm	-	6 mm
31-35	5 mm	-	6.5 mm
36-40	5.5 mm	-	7 mm
41-45	6 mm	-	7.5 mm
46-50	6.5 mm	-	8 mm
51-55	7 mm	-	-
51-55	5 mm	5 mm	-
56-60	5 mm	6 mm	-
61-65	5 mm	7 mm	-

“plus LRs” used for large angles with BMRC



*lower by 1 mm when resecting laterals after BMRC of 6 or more

- BMRC = Bilateral medial rectus recessions
- plus LRs = Lateral rectus resection used with BMRC
- BLRs = Bilateral lateral rectus resections
- MRc = Medial rectus recession
- LRs = Lateral rectus resection

[strabismus surgery](#), [strabismus tables](#)

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