

# Kestenbaum Procedure for Nystagmus

*Illustrated for a RIGHT face turn (Eyes are in left gaze- you want to move eyes to the right)*

Type	Degree Face Turn	Left Eye		Right Eye	
		Recess LR	Resect MR	Recess MR	Resect LR
Classic	<20	7 mm	6 mm	5 mm	8 mm
Parks	30	9 mm	8 mm	6.5 mm	10 mm
Classic +40%	45	10 mm	8.5 mm	7 mm	11 mm
Classic +60%	50	11 mm	9.5 mm	8 mm	12.5 mm

*Illustrated for a LEFT face turn (Eyes are in right gaze- you want to move eyes to the left)*

Type	Degree Face Turn	Right Eye		Left Eye	
		Recess LR	Resect MR	Recess MR	Resect LR
Classic	<20	7 mm	6 mm	5 mm	8 mm
Parks	30	9 mm	8 mm	6.5 mm	10 mm
Classic +40%	45	10 mm	8.5 mm	7 mm	11 mm
Classic +60%	50	11 mm	9.5 mm	8 mm	12.5 mm

[Strabismus Surgery](#), [strabismus tables](#), [nystagmus](#)

From:

<https://childreneye.org/wiki/> - **Children's Eye Wiki**

Permanent link:

[https://childreneye.org/wiki/doku.php?id=kestenbaum\\_procedure](https://childreneye.org/wiki/doku.php?id=kestenbaum_procedure)

Last update: **2023/12/20 17:17**

